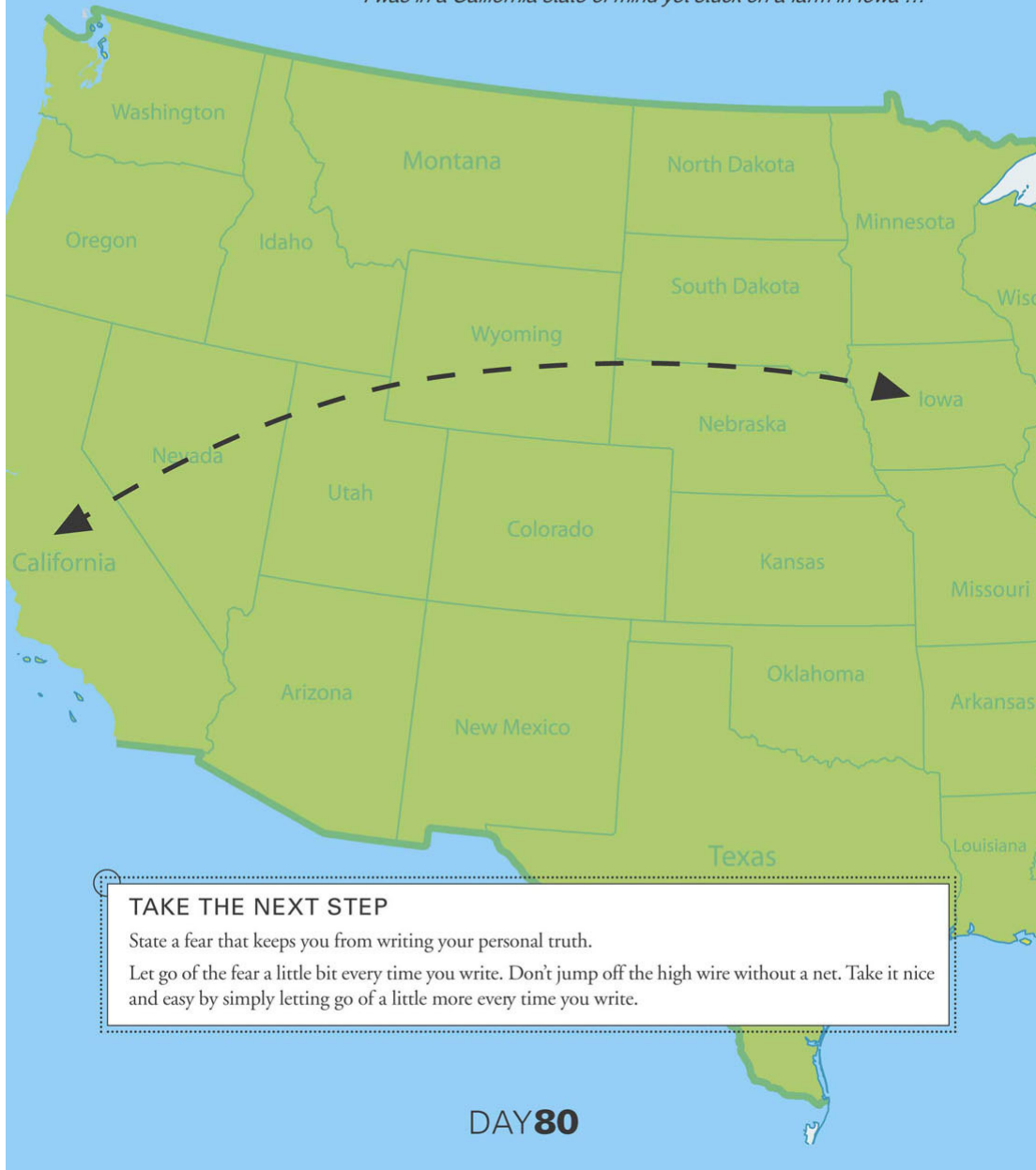


# STATES OF MIND

Use the shape if you choose. Finish the story. Start with:  
*I was in a California state of mind yet stuck on a farm in Iowa ...*



## TAKE THE NEXT STEP

State a fear that keeps you from writing your personal truth.

Let go of the fear a little bit every time you write. Don't jump off the high wire without a net. Take it nice and easy by simply letting go of a little more every time you write.

DAY80